



Inkblot Employee Assistance Program (EAP)

An EAP so good...employees actually use it

Traditional EAPs are known for long wait times, outdated 1-800 numbers and taking a band-aid approach to care. Inkblot's EAP does it better.

An enhanced EAP

Whether addressing short-term or long-term counselling needs, or seeking ways to optimize well-being, Inkblot's EAP has the right program to meet unique workforce needs.

- Inkblot's qualified counsellors deliver convenient, affordable and confidential mental health support.
- With Inkblot, plan members can find the right support without the wait. They can self-book online video, phone or in-person sessions, with same day appointments available—no need to navigate call centres.*
- Proprietary matching technology ensures plan members select the right counsellor to meet their unique needs and preferences.
- Plan members can stay with the same Inkblot counsellor in the event that they use up all of their EAP sessions and wish to continue with the counselling using their regular extended health coverage (or out of pocket).
- **Work and Life Support:** It takes more than just counselling to live and stay well. Inkblot's professional counsellors and trained experts are here to help plan members navigate all aspects of life, including work and career health, legal and financial, nutrition and health, and life transitions.

After only a few sessions of counselling with Inkblot, employees see 49% improvement on moderate symptoms through validated clinical measures.

HOW INKBLOT IS REWRITING THE EAP PLAYBOOK

INKBLOT EAP

Engagement	Easy-to-use digital-first approach.
Booking time	Schedule a virtual appointment within 24-72 hours.
Match results	Personalized matching questionnaire finds the best therapeutic match based on clinical experience, cultural fit, language, religion and more.
Quality of care	Seamless continuity of care allowing for long-term support after benefits max out.
Full spectrum	A complete solution for your organization's unique well-being needs.

*Inkblot allows plan members to use a simple online system to book their phone, video or in-person session with a therapist at their convenience. Depending on the therapist they choose, plan members have the ability to book a virtual appointment within 24-72 hours.

Helping plan members live better with digital-first well-being support. Anytime, anywhere.

With their personalized matching algorithm, finding the right care provider for each plan member's unique needs and preferences has never been easier. How it works for plan members:

1. Fill out a short assessment that matches their clinical, cultural fit and language needs with a short-list of counsellors best suited to assist.
2. Have a free 15-minute trial with their chosen counsellor, with the ability to change counsellors at any time to ensure the best fit for specific needs.
3. Book an online appointment in as little as 24-72 hours, making accessing support easy, fast and effective.

Choose Victor for your group benefits plan

A strong group benefits plan is an important part of any business strategy and can help organizations attract and retain top employees. As a standard part of the extended health care benefit under the Victor plan, the EAP can significantly enhance the value of an organization's benefits package while helping to reduce absenteeism and lost productivity within the workplace.

About the Victor Group Benefits Program

Group and retiree benefits. That's what we do. We know the challenges independent businesses and retired individuals face when they're looking for the right coverage. We help by working with first-rate partners and drawing on their expertise to provide clients and plan members with an outstanding range of options for sustainable coverage.

We're not a traditional insurer; we work with carefully selected partners, all leaders in our industry. By dealing with highly-rated benefits providers, we offer stable, well-established insurance markets for your insurance. Victor Canada is part of Victor Insurance Managers LLC, the largest Managing General Underwriter (MGU) in the world, and we benefit from its scale, strong governance and regulatory compliance.

Victor Central

Plan members can now submit claims and access key health services like Inkblot in one place—**Victor Central**, our Claims & Digital Wellness Centre. It's a direct link from GB Connect, Victor's portal.

Log in to victorinsurance.ca/gbconnect for more information.

*We will send you a message to inform you once these new health services are available on the Victor Now app.

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